

Save The River 5k
July 24th 2010 Frink Park, Clayton, NY
208 Total Finishers (79 Male, 129 Female)
Timed By YellowJacket Racing

Pos	Bib	Fullname	Gender	Class	Ages	City	TotalTm
Overall Male							
1	45	Nick Guarino	Male	Overall Male	21	Bergen	15:23
Overall Female							
1	94	Megan OConnor	Female	Overall Female	21	Baldwinsville	19:33
F10UNDER							
1	31	Eva Dougherty	Female	F10UNDER	10	Dewitt	30:24
2	152	Shannon Corbett	Female	F10UNDER	8	Clayton	33:08
3	193	Alexi Hartz	Female	F10UNDER	8		36:56
F11-19							
1	104	Rachael Phipps	Female	F11-19	19	Lk PT	23:02
2	161	Michaela Woodemansee	Female	F11-19	16	Durham	24:00
3	160	Emily Bell	Female	F11-19	16	Durham	24:24
4	22	Marissa Cuda	Female	F11-19	18	New Hartford	24:43
5	47	Kristen Guarino	Female	F11-19	17	Bergen	25:04
6	181	Allie Hysten	Female	F11-19	19	Fenton	25:41
7	187	Tanya Lombardo	Female	F11-19	15	Rome	27:24
8	208	Sarah Frischmeyer	Female	F11-19	13	Grinnell	27:24
9	209	Colby Lucas	Female	F11-19	11	Newoodstock	27:25
10	200	Caroline House	Female	F11-19	14	Cicero	27:42
11	12	Meghan Byrnes	Female	F11-19	12	Dewiit	27:53
12	67	Isabella Hysten	Female	F11-19	12	Fayetteville	27:54
13	145	Emily Churchill	Female	F11-19	18	Clayton	28:50
14	221	Charlotte Steele	Female	F11-19	18	Fan Hills	28:50
15	179	Cristina Saldana	Female	F11-19	13	TI Park	30:52
16	117	Rebekah Roux	Female	F11-19	11	Baldwinsville	31:05
17	116	Hannah Roux	Female	F11-19	12	Baldwinsville	32:49
18	16	Johanna Capone	Female	F11-19	14	Watertown	33:17
19	222	Frances Steele	Female	F11-19	13	Fan Hills	36:13
20	216	Eva Hungerford	Female	F11-19	11	Webster	39:55
21	192	Anola Stage	Female	F11-19	17		40:03
22	189	Elisabeth Semelsberger	Female	F11-19	17	Clayton	40:26
23	38	Jennifer French	Female	F11-19	15	Fort Drum	43:17
F20-29							
1	141	Lauren Bloch	Female	F20-29	28	Augusta	23:07
2	91	Pamela Norton	Female	F20-29	27	Syracuse	25:15
3	77	Diane Leonard	Female	F20-29	29	Clayton	25:22
4	61	Maragret Hummel	Female	F20-29	25	Clayton	25:45
5	6	Molly Beattie	Female	F20-29	29	Clayton	27:19
6	10	Brandy Brown	Female	F20-29	28	Cazenovia	27:54
7	132	Kathleen Ward	Female	F20-29	27	Tampa	28:25
8	85	Victoria McCullouch	Female	F20-29	25	Theresa	29:33

9	180 Allison Edwards	Female	F20-29	24	Downingtown	29:43
10	165 Jennifer Delicia	Female	F20-29	29	Rochester	33:12
11	198 Chanton Wood	Female	F20-29	22	Clayton	33:30
12	118 Jennifer Sargent	Female	F20-29	28	Marion	33:35
13	44 Ellen Gray	Female	F20-29	27	Clayton	34:07
14	111 Lindsay Ronan	Female	F20-29	29	Hoboken	38:23
15	122 Kelly Schallmo	Female	F20-29	25	Syracuse	38:28
16	39 Sara Gallagher	Female	F20-29	23	Watertown	41:09
17	157 Andrea Mason	Female	F20-29	29	LaFargeville	41:30
18	73 Stephanie Kloberdanz	Female	F20-29	24	Fort Drum	42:53
19	51 Erin Hannink	Female	F20-29	27	Watertown	44:04
20	64 Betsy Hutchinson	Female	F20-29	26	Watertown	45:45
21	121 Sarahann Schaermo	Female	F20-29	22	Manlius	48:17
22	53 Kelly Harrington	Female	F20-29	29	Waddington	49:39
23	93 Laura Norton	Female	F20-29	24	Tully	51:57

F30-39

1	148 Amelia Carter	Female	F30-39	34	Fayetteville	21:42
2	219 Christine Lytle	Female	F30-39	32	Liverpool	22:50
3	159 Susan Beiswenger	Female	F30-39	36	Clayton	23:00
4	107 Ashley Pike	Female	F30-39	30	Canton	24:07
5	183 Crystal Fuller	Female	F30-39	30	Gouverneur	25:44
6	69 Tasha Jeffers	Female	F30-39	38	Alexandria Bay	26:07
7	102 Lori Peters	Female	F30-39	38	Chaumont	26:54
8	167 Alka Srivastava	Female	F30-39	39	Ogdensburg	27:26
9	100 Janna Palaia	Female	F30-39	36	Coatesville	28:55
10	191 Melissa Tinney	Female	F30-39	36	Clayton	29:12
11	63 Amy Hungerford	Female	F30-39	32	Webster	29:33
12	128 Cristen Stanford	Female	F30-39	31	Glenfield	29:33
13	28 Monika Docteur	Female	F30-39	39	Watertown	29:35
14	142 Tammy Leonard	Female	F30-39	35	Bedford	29:41
15	90 Christina Nemecc	Female	F30-39	36	Upper Saddle River	29:46
16	173 Sherry McCarthy	Female	F30-39	31	Clayton	30:29
17	136 Ranisa Young	Female	F30-39	34	Gouverneur	30:39
18	105 Amy Picunas	Female	F30-39	32	Waddington	31:04
19	17 Michele Capone	Female	F30-39	37	Watertown	31:38
20	8 Sherry Beyer	Female	F30-39	33		31:50
21	40 Amanda Gamble	Female	F30-39	35	Antwerp	32:10
22	81 Katie Malinowski	Female	F30-39	36	Lacona	32:11
23	56 Jennifer Harvill	Female	F30-39	37	Watertown	32:30
24	153 Sabina Corbett	Female	F30-39	35	Clayton	33:11
25	7 Joann Beldue	Female	F30-39	36	Scottsville	33:20
26	178 Susan Colon	Female	F30-39	35	Coatesville	34:14
27	185 Heather Crunden	Female	F30-39	36	Endwell	34:57
28	106 Torrey Pietarinen	Female	F30-39	37	Macedon	38:38
29	151 Nicole Listemann	Female	F30-39	33	Clayton	40:53
30	48 Nicole Hainline	Female	F30-39	33	Watertown	45:46
31	25 Laura Curry	Female	F30-39	30	Manlius	46:01

F40-49

1	154 Debra Long	Female	F40-49	44	Winfield	21:00
2	42 Karen Godshall	Female	F40-49	46	Spencerport	24:19

3	217 Laurie Pestle	Female	F40-49	46	Liverpool	25:05
4	215 Heather Mackinnon	Female	F40-49	40	Gouverneur	27:12
5	1 Verna JH Agen	Female	F40-49	49	Utica	27:48
6	201 Glenda House	Female	F40-49	48	Cicero	27:55
7	65 Beth Hysten	Female	F40-49	47	Fayetteville	27:57
8	220 Sheryl Foan	Female	F40-49	40	Copenhagen	28:14
9	96 Alycia OConnor	Female	F40-49	41	Alexandria Bay	28:18
10	114 Paulette Roux	Female	F40-49	42	Clayton	28:55
11	210 Robin Gedney-Lucas	Female	F40-49	48	Newoodstock	29:24
12	29 Arianne Dougherty	Female	F40-49	43	Dewitt	29:40
13	13 Margaret Byrnes	Female	F40-49	46	Dewiit	29:49
14	75 Beth Law	Female	F40-49	42	Clatyton	31:30
15	4 Nancy Aubertine	Female	F40-49	40	Cape Vincent	31:43
16	125 Deborah Sindone	Female	F40-49	42	Liverpool	32:44
17	120 Karen Scanlon	Female	F40-49	48	Brewerton	33:02
18	172 Carie Foster	Female	F40-49	42	Liverpool	33:04
19	27 Crystal Delguidice	Female	F40-49	49	Jacksonville	33:36
20	228 Kathryn Ingerson	Female	F40-49	49	Clayton	34:09
21	196 Kerry Richie	Female	F40-49	42		37:18
22	97 Elissa Orlando	Female	F40-49	49	Rochester	38:09
23	98 Marianne Palaia	Female	F40-49	46	Boise	39:03
24	194 Tami Hartz	Female	F40-49	42		39:57
25	37 Mary French	Female	F40-49	46	Fort Drum	43:18

F50-59

1	146 Nancy Werthmuller	Female	F50-59	59	Scott Township	22:35
2	80 Jacqueline Lubniewski	Female	F50-59	52	Alexandria Bay	26:14
3	35 Mary Fenton	Female	F50-59	56	Winter Haven	28:03
4	131 Gail Wagner	Female	F50-59	58	Webster	28:06
5	170 Nancy Cain	Female	F50-59	58	Marlboro	29:30
6	62 Sylvia Hungerford	Female	F50-59	57	Webster	30:21
7	20 Anne Coon	Female	F50-59	58	Rochester	30:33
8	34 JoAnne Fell	Female	F50-59	54	Bethlehem	30:51
9	124 Valerie Sester	Female	F50-59	59	Gouverneur	32:04
10	177 Denise Berrebi	Female	F50-59	53	Morgantown	32:51
11	207 Karen Klug-Frischmeyer	Female	F50-59	51	Grinnell	39:58
12	224 Jennifer Churchill	Female	F50-59	52	Clayton	43:53
13	223 Jane Steele	Female	F50-59	51	Fan Hills	43:53
14	55 Meg Hart	Female	F50-59	53	Rochester	45:08
15	206 Cindy Schallmo	Female	F50-59	54	Manlius	48:17
16	92 Christine Norton	Female	F50-59	59	Syracuse	51:57

F60+

1	72 JoAnn Kammers	Female	F60+	60	Seneca Falls	44:17
2	133 Judy Wentworth	Female	F60+	61	Pennelyville	44:35
3	86 Judy McKinnon	Female	F60+	60	Bridgewater	47:04
4	83 Glenda McAvoy	Female	F60+	65	Clayton	50:51
5	150 Sally Leonard	Female	F60+	60	Clayton	50:53
6	84 Madelyn McAvoy	Female	F60+	88	Clayton	50:53

M10UNDER

1	156 Cameron Pickering	Male	M10UNDER	10	Philadelphia	28:09
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2	26	Luke Delguidice	Male	M10UNDER	10	Jacksonville	33:30
M11-19							
1	184	Michael Conte	Male	M11-19	16	Somerville	19:12
2	213	Jeremy Kaufmann	Male	M11-19	15	Carrthage	20:01
3	205	Ethan Vinson	Male	M11-19	15	Potsdam	20:49
4	112	Robert Ross	Male	M11-19	17	San Antonio	21:38
5	174	David Joslyn	Male	M11-19	17	North Granby	21:52
6	225	Alex Churchill	Male	M11-19	15	Clayton	22:31
7	176	Lucas Patchen	Male	M11-19	11	Clayton	22:38
8	9	Conor Blake	Male	M11-19	13	Liverpool	23:10
9	76	Daniel Leek	Male	M11-19	13	LaFargeville	23:26
10	163	Will Smith	Male	M11-19	19	Clayton	24:58
11	3	Ross H Agen	Male	M11-19	14	Utica	26:01
12	113	Daniel Ross	Male	M11-19	14	San Antonio	27:50
13	18	Trevor Case	Male	M11-19	13	Liverpool	27:52
14	5	Quincy Aubertine	Male	M11-19	12	Cape Vincent	28:43
15	190	Ronnie Semelsberger	Male	M11-19	11	Clayton	28:56
16	195	Dusten Green	Male	M11-19	18	Clayton	30:45
M20-29							
1	46	Josh Guarino	Male	M20-29	21	Bergen	15:48
2	87	Ezra Milby	Male	M20-29	22	Clayton	17:33
3	88	Garin Murphy	Male	M20-29	23	Alexandria Bay	17:36
4	135	Justin Young	Male	M20-29	26	Gouverneur	19:16
5	74	Brian lang	Male	M20-29	20	Baldwinsville	19:33
6	21	Derek Crane	Male	M20-29	27	Syracuse	20:36
7	166	Chap Simpson	Male	M20-29	21	LaFargeville	21:15
8	52	Josh Hannink	Male	M20-29	27	Watertown	22:22
9	211	Joshua Kaufmann	Male	M20-29	26	Carthage	24:25
10	60	Brian Henning	Male	M20-29	24	Syracuse	26:04
11	197	Nolan Knapp	Male	M20-29	22	Chaumont	28:46
12	144	Jacob Runner	Male	M20-29	25	Stanley	29:00
13	15	Jay Cagle	Male	M20-29	22	Manlius	29:23
14	123	Matthew Schallmo	Male	M20-29	25	Syracuse	38:28
15	32	Brian Dunn	Male	M20-29	27		41:11
M30-39							
1	149	Randy Givogue	Male	M30-39	38	Maitland	20:39
2	126	Joshua Slocum	Male	M30-39	31	Watertown	21:00
3	127	Tom Smith	Male	M30-39	31	Adams Center	23:10
4	78	Erich Leonard	Male	M30-39	30	Clayton	24:45
5	155	Nick Hughes	Male	M30-39	38	Potsdam	25:56
6	147	David Cole	Male	M30-39	31	Rochester	28:57
7	143	Scott Leonard	Male	M30-39	32	Bedford	31:12
8	130	Christopher Svoboda	Male	M30-39	33	North Syracuse	31:26
9	226	Jen O'Neill	Female	M30-39	39	Burlington	36:24
M40-49							
1	95	Michael Oconnor	Male	M40-49	41	Alexandria Bay	18:54
2	204	Lennie Davis	Male	M40-49	49	Potsdam	19:25
3	115	Paul Roux	Male	M40-49	44	Baldwinsville	20:59

4	188	Jim Gerhard	Male	M40-49	44	Alexandria Bay	23:37
5	19	Charlie Chambers	Male	M40-49	45	Oneida	23:46
6	202	Thomas House	Male	M40-49	47	Cicero	24:07
7	59	Peter Henderson	Male	M40-49	43	Brier Hill	24:15
8	30	Michael Dougherty	Male	M40-49	43	Dewitt	24:47
9	212	Scott Elliott	Male	M40-49	47	Lockport	24:52
10	79	David Leonard	Male	M40-49	47	Black River	25:31
11	99	J.P. Palaia	Male	M40-49	40	Boise	26:37
12	108	Randy Raetz	Male	M40-49	44	Victor	26:58
13	227	Hilary Church	Male	M40-49	44	Cortland	27:18
14	66	Bruce Hylan	Male	M40-49	49	Fayetteville	27:54
15	14	Chris Byrnes	Male	M40-49	47	Dewitt	27:55
16	218	Andrew Greene	Male	M40-49	40	Clayton	32:40
17	43	Perry Golden	Male	M40-49	46	Cape Vincent	33:57
18	186	Jim Crunden	Male	M40-49	40	Endwell	34:57
19	164	Ernest Orlando	Male	M40-49	46	Rochester	38:09
20	140	Erich Ansley	Male	M40-49	41	Augusta	39:09
21	36	Tim French	Male	M40-49	45	Fort Drum	43:17

M50-59

1	214	Jim Peterson	Male	M50-59	51	Phoenix	19:29
2	199	Marty Muggleton	Male	M50-59	51	Williamsport	19:31
3	182	Patrick Best	Male	M50-59	50	Challmont	21:08
4	54	Steve Hart	Male	M50-59	55	Rochester	21:55
5	158	Fred Buchanan	Male	M50-59	57	Cicero	22:11
6	23	Michael Cuda	Male	M50-59	50	New Hartford	24:43
7	168	Robert Digiaccio	Male	M50-59	53	Ogdensburg	25:10
8	162	Dave Smith	Male	M50-59	54	Clayton	25:32
9	89	David Nappi	Male	M50-59	54	East Syracuse	29:13
10	129	Anthony Summa	Male	M50-59	53	Syracuse	31:22

M60+

1	57	Robert Hasseler	Male	M60+	74	Watertown	22:07
2	139	Craig Zicari	Male	M60+	61	Rochester	26:47
3	101	Joe Palaia	Male	M60+	66	Philadelphia	27:16
4	109	Ron Reid	Male	M60+	61	Port Charlotte	28:45
5	203	Knowlton Foote	Male	M60+	72	LaFayette	40:14
6	58	Rich Havranek	Male	M60+	69	Fishers Landing	40:33